

Wrap Around Care Menu

We purchase our food from the local supermarket.

Food	Allergens as listed
Fruit and Vegetables	
Apple	
Carrot	
Grapes	
Orange	
Pepper	
Cucumber	
Carbohydrates	
Brown Bread	Soya Wheat
Bagels	Wheat Barley
Digestive Biscuits	Wheat
Cream Crackers	Wheat
Plain Breadsticks	Wheat
Rice Cakes	
Cereal	
Cornflakes	Barley
Wheat Bisks	Wheat Barley
Multigrain Hoops	Wheat Oat Barley
Rice Krispes	Wheat Barley
Drinks	
Apple and Blackcurrant	Metasulphite
Orange	Potassium Sorbate, Sodium Metabisulphite
Water	
Milk	Casein Whey protein
Oat Milk (on request)	Avenin
Sandwich Filler	
Biscoff	Wheat Soya
Dairy Cheese	Casein Whey protein
Non-dairy cheese (violife)	
Jam (raspberry)	Trisodium Citrate
Flora Buttery / Vitalite	
Honey	pollen from flowers, proteins secreted by bees, royal jelly